



# October 2017 - Menus

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

## Grades 6-8 Breakfast

*MENUS ARE SUBJECT TO CHANGE*

<p>10-2</p> <ul style="list-style-type: none"> <li>★ Cinnamon Pancakes <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-3</p> <ul style="list-style-type: none"> <li>★ Fiesta Bean &amp; Cheese Burrito - <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-4</p> <ul style="list-style-type: none"> <li>★ Hawaiian Cheesy Ham Slider</li> <li>★ Fruit - <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-5</p> <ul style="list-style-type: none"> <li>★ Crunchy Cereal with Yogurt - <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-6</p> <ul style="list-style-type: none"> <li>★ Apple Stuffed Bagel Bar</li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>
<p>10-9</p> <ul style="list-style-type: none"> <li>★ French Toast Trio <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-10</p> <ul style="list-style-type: none"> <li>★ Breakfast Cheese Bagel - <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-11</p> <ul style="list-style-type: none"> <li>★ Egg &amp; Cheese Italiano Pocket- <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-12</p> <ul style="list-style-type: none"> <li>★ Morning Beef Sausage Sandwich</li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-13</p> <ul style="list-style-type: none"> <li>★ Manager's Choice</li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>
<p>10-16</p> <ul style="list-style-type: none"> <li>★ Cinnamon Pancakes <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-17</p> <ul style="list-style-type: none"> <li>★ Fiesta Bean &amp; Cheese Burrito - <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-18</p> <ul style="list-style-type: none"> <li>★ Hawaiian Cheesy Ham Slider</li> <li>★ Fruit - <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-19</p> <ul style="list-style-type: none"> <li>★ Crunchy Cereal with Yogurt - <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-20</p> <ul style="list-style-type: none"> <li>★ Apple Stuffed Bagel Bar</li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>
<p>10-23</p> <ul style="list-style-type: none"> <li>★ French Toast Trio <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-24</p> <ul style="list-style-type: none"> <li>★ Breakfast Cheese Bagel - <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-25</p> <ul style="list-style-type: none"> <li>★ Egg &amp; Cheese Italiano Pocket- <b>V</b></li> <li>★ Fruit - <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-26</p> <ul style="list-style-type: none"> <li>★ Morning Beef Sausage Sandwich</li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-27</p> <ul style="list-style-type: none"> <li>★ Café LA Coffee Cake - <b>S, V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>
<p>10-30</p> <ul style="list-style-type: none"> <li>★ Cinnamon Pancakes <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>10-31</p> <ul style="list-style-type: none"> <li>★ Fiesta Bean &amp; Cheese Burrito - <b>V</b></li> <li>★ Fruit- <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p>☞ All of the Grain/Bread items served are whole grain.            Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free            ★: For a reimbursable meal, pick at least 3 ★'s. <b>One</b> ★ must be a fruit  <b>S</b>: Items with an (S) can be saved for later  <b>V</b>: Vegetarian items</p>		